

The Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day, our Daily Bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

The Hail Mary

Hail Mary, Full of Grace, the Lord is with thee, blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong, and in failing to do good, I have sinned against You, whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior, Jesus Christ, suffered and died for us; in His name, my God, have mercy. Amen.

The 10 Commandments

1. I am the LORD your God; you shall not have strange Gods before me.

(Love God more than anything else.)

2. You shall not take the Name of the LORD your God in vain.

(Always say God's Name with love and respect.)

3. Remember to keep holy the LORD's Day.

(Honor God by going to Mass and resting every Sunday.)

4. Honor your Father and your Mother.

(Love and respect your Mom and Dad.)

5. You shall not kill.

(Never hurt anyone.)

6. You shall not commit adultery.

(Always be Faithful to your Husband or Wife.)

7. You shall not steal.

(Don't take anything that isn't yours.)

8. You shall not bear false witness against your neighbor.

(Always tell the Truth.)

9. You shall not covet your neighbor's wife.

(Never wish for someone else's Husband or Wife.)

10. You shall not covet your neighbor's goods.

(Be Happy with what you have. Never wish for other people's things.)