

# What to expect this year?

Our core program will explore the fourth pillar of the Catechism: Prayer. All children, grades K-8 will be using an at-home, family based curriculum from Sophia Press titled, "Family of Faith." This will include hard copy guides and activities, as well as various online resources. Aside from Mass and Sacramental Prep retreats, all official in-person events are temporarily suspended.

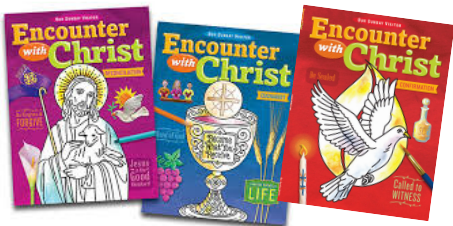


## SOPHIA INSTITUTE PRESS

- Each month, beginning in September and ending in May, parents will watch an online presentation that covers the topic for the month and walks them through the suggested activities.
- Throughout the month, parents will engage their child(ren) with three to four multi-age guided activities that take 5-15 minutes each. Child(ren) will also complete age-appropriate activities in the Activity Book.
- The SAB Faith Formation Team will provide complementary videos for the children each month to maintain a personal connection with the wider parish community.  
*\*You will find these videos posted both on the newly created Facebook Group as well as on our Parish YouTube channel.*

## Has your child received the Sacraments?

Sacramental Prep is a two-year program (typically, grades 2-3) in which every child prepares for three Sacraments, receiving the Sacrament of Reconciliation at the end of Year 1, followed by the Sacraments of Confirmation and Holy Communion at the end of Year 2.



- In addition to the monthly activities on Prayer through the Sophia Press curriculum above, children in Sacramental Prep will receive take-home materials relevant to the Sacrament(s) they are preparing to receive.
- Each prep year, the children will participate in two on-campus retreats (with at least one parent present) as well.

\*Visit the parish website for more details about these programs: [www.standrebesette.org](http://www.standrebesette.org)